

For Pediatric Residents

Welcome to the Advisor System.....support, encouragement, career guidance

The purpose of having an advisor is to help you to develop your career, answer questions about your progress and elective choices, and support you in your experience as a resident in the Children's Hospital residency program. Your advisor is not necessarily all knowing but is willing to facilitate your development as a pediatrician. The advisor can provide guidance and support to you.

Every resident has the privilege of identifying his or her own advisor. The expectation is that you will do this before or by 6 months of being in the program. If you are struggling and / or unsuccessful in identifying someone for this role, the program will assign you a faculty person to function in this role for you. Personal preference has to be taken into account for choosing your advisor. A list of faculty members will be made available to you if you require this. In addition Dr. Natasha Johnson-Ramgeet, a member of the Pediatric Residency Committee would be pleased to support you in acquiring an advisor if you are having difficulty doing so. She can be contacted at johnram@mcmaster.ca or at extension 75638.

Some of the topics to be discussed with your advisor include:

1. Your academic achievement and performance - reviewing rotation evaluations and discussion of upcoming rotations and objectives.
2. Your career goals and how to achieve them.
3. Any concerns regarding your emotional functioning or coping
4. The challenge of achieving a balance between professional and personal life – time-management.
5. Any difficult clinical, ethical, or research problems.

The advisor will make himself/herself available to meet with you at least 3 times during the academic year. It is recommended that you communicate with your advisor frequently at the beginning so that a relationship can be established. Subsequently, the meetings should meet your needs and thus should be as frequent as needed.

The advisor has the responsibility to ultimately summarize your progress at the end of each academic year. This document will be shared with the Program Director and become part of your academic record.

The General Description of the advisor program and year end summary can be found on the macpeds website.