

Approximate Systemic Corticosteroid Equivalence

Drug	Equivalent Dose (mg) ^a	Relative Mineralocorticoid Potency
Glucocorticoids:		
Short-acting (biologic half-life 8–12 h)		
Cortisone	25	2
Hydrocortisone	20	2
Intermediate-acting (biologic half-life 12–36 h)		
Methylprednisolone	4	0
Prednisolone	5	1
Prednisone	5	1
Long-acting (biologic half-life 36–54 h)		
Dexamethasone	0.75	0

^a Equivalent doses are approximations and may not apply to all diseases or routes of administration. Duration of hypothalamic-pituitary-adrenal (HPA) axis suppression and degree of mineralocorticoid activity must be considered separately.

